

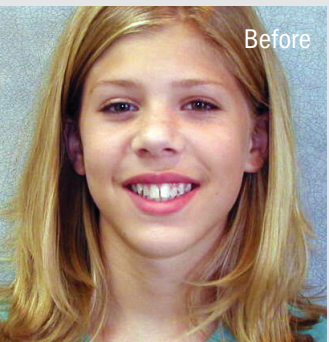


## Look good and feel good

You want to get the most from life, to achieve your goals, your dreams. You want to look good and feel good.

Every day, your smile is there for the world to see. It's the window between you and the world. But if you're one of the many people who have teeth that don't line up correctly, you may be self-conscious about your smile. Misaligned teeth also can cause various dental health problems.

Fortunately, many of these problems can be resolved through orthodontics. What can orthodontics do for you?



Before



After

The American Association of Orthodontists thanks you for placing your confidence in your orthodontic specialist. If you have any questions or concerns throughout your treatment or in the future, please consult your orthodontic specialist or visit [mylifemysmile.org](http://mylifemysmile.org).

Orthodontic specialists receive an additional two to three years of specialized education beyond dental school to learn the proper way to align and straighten teeth. Only those who successfully complete this formal education may call themselves "orthodontic specialists," and only orthodontic specialists can be members of the American Association of Orthodontists.



My Life. My Smile. My Orthodontist.®

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# Show Your Smile

What orthodontics can do for you



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# A change for the better

## Healthy

Not only do well-aligned teeth look good, they're good for you, too.

Straight, well-aligned teeth are easier to clean and maintain. And, well-aligned teeth can help you avoid such problems as abnormal wear of tooth surfaces, difficulty in chewing and/or speaking, and excess stress on supporting bone and gum tissue. Your teeth will be with you all your life. Why not do your best to ensure they're strong and healthy?

**“The shortest distance between two people is a smile.”**

— Author Unknown



## The world always looks brighter from behind a smile



## Beautiful

Smiles come in many shapes and sizes. What's yours?

A pleasing smile can be a big plus for you on the road of life. It engages others, and shares warmth.

Orthodontics can help bring out the best in you. By applying the science of gently moving teeth, an orthodontist can help to eliminate gaps between your teeth, straighten crooked teeth and correct other problems that can be distracting when you're interacting with others. The before-and-after work of an orthodontist is amazing.

The orthodontist will reveal the natural beauty of each individual's teeth by stimulating their movement to the most optimum position.

**“Smiling is infectious; you can catch it like the flu. Someone smiled at me today, and I started smiling too.”**

— Author Unknown

## Why It's Important to Choose an Orthodontist

Improving the alignment of your teeth is an important step, and you'll want the best care available.

Orthodontists are dental specialists who diagnose, prevent and treat dental and facial irregularities. They receive an additional two to three years of specialized education beyond dental school to learn the proper way to align and straighten teeth. Only those with this formal education may call themselves “orthodontists,” and only orthodontists may be members of the American Association of Orthodontists (AAO). Selecting a member of the AAO for your orthodontic care is your assurance that the doctor is an orthodontist.

## Be Your Best

You deserve to start every day with your best face for the world. Why settle for less?

Your smile is an essential part of who you are and how others see you. Orthodontics is an investment in you, your future, your potential.

Smile. Enjoy life.